

The UK's first web-based interactive Functional Medicine Education Series

**24 MONTH PROGRAMME**  
with 27 online webinars and 4 onsite London-based seminars

## Functional Medicine Educational Series

The program designed for clinicians, takes place over twenty four months in a format combining lectures, reading assignments, discussion groups, and onsite seminars.



## Confronting Chronic Disease with Functional Medicine

**Functional Medicine Study Group August 2010 to August 2012**

Nutri is proud to bring you a new approach to medicine – the UK's first web-based interactive Functional Medicine Education Series. The program designed for clinicians, takes place over twenty four months in a format combining lectures, reading assignments, discussion groups and onsite seminars.

### What is the Functional Medicine Model?

Functional Medicine is patient-centred health care that addresses the unique interactions among genetic, environmental and lifestyle factors influencing both health and complex chronic disease.

### Clinical case management strategies and effective applications

Learn clinical case management strategies and effective applications of natural health protocols by improving your navigation of the decision tree.

### Develop superior skills and competence

In the treatment of patients with complex chronic disease, using diet, lifestyle, nutrient, phytonutrient and pharmaceutical modalities.

### Become adept

In the use of the Functional Medicine Matrix Model™ and gain a greater insight into existing Functional Medicine practitioner systems and thinking.

### Lead the way

Gain access to Metagenics' premier quality supplements and metabolic foods exclusively brought to you by Nutri in the UK. Please visit [www.metagenics.com](http://www.metagenics.com)

### The program includes:

**Membership** to the Institute of Functional Medicine (IFM) allowing for access to the clinical tools.

IFM will supply the **Textbook of Functional Medicine** free in digital format for the study group. IFM is a non-profit organization, whose mission is to serve the highest expression of individual health through widespread adoption of Functional Medicine as the standard of care.



[www.functionalmedicine.org](http://www.functionalmedicine.org)

*Treat your patients, not their symptoms*

# What does the Functional Medicine Education Series include?

A patient-centred, systems biology approach to helping your patients

## What does the Functional Medicine Education Series include?

- Focus on patient-centred, systems biology approach, evaluation of principle underlying antecedents, triggers, and mediators in the patient work-up;
- In depth application of important dietary, nutraceutical, mind-body and pharmacological therapies;
- Detailed training and clinical application of core functional laboratory testing;
- Deepening of important practitioner communication skills;
- Case based learning;
- Onsite and online educational format.

## Deepen your clinical understanding and application of the Functional Medicine Matrix Model™

- **Restoring Gastrointestinal Equilibrium:** practical applications for understanding, assessing, and treating gut dysfunction using the **5R program**.
- **Understanding Biotransformation and Recognising the 5 Common Patterns of Toxicity: Immuno Toxicity and Metabolic Toxicity** - evaluation and treatment in the Functional Medicine Matrix.
- **The Many Faces of Immune Dysregulation and Chronic Inflammation:** Infections, Allergens and Autoimmune Disorders.
- **Re-establishing Balance in the Hypothalamic, Pituitary, Adrenal, Thyroid and Gonadal Axis,** Women's healthcare needs and male vitality.
- **Managing Insulin Resistance,** vascular dysfunction and downstream consequences.

## Components of the Functional Medicine Education series:

1. **24 x 90-minute live web-based seminars** with interactive Q&A session with experts in the relevant fields.
2. **4 live London-based seminars** with world renowned international speakers from the Institute of Functional Medicine.
3. **Topic-specific reading materials from experts** in their fields.
4. **Demonstration of Functional Medicine tools, databases and resources.**
5. **Membership for 2 years** to the Institute of Functional Medicine (worth up to £200).
6. **Free download** of digital version of Functional Medicine textbook.
7. **Monthly reading assignments** in the

#### 4 Live Onsite Seminars

Dates and topics to be confirmed.

Some of IFM's best known speakers will be coming to the UK to deliver world class seminars to delegates. These events will be free of charge to those participating in the Functional Medicine Education Series.

in the Textbook of Functional Medicine for Discussion.

**8. Guided monthly tutorials** through key chapters in alignment with the monthly guest speakers.

**9. Optional extra webinars** on nutraceutical understanding from Metagenics.

#### "Kick Off" Weekly Webinars in September 2010

##### **Welcome to IFM - Toolkit, Forum & Resources**

**Available** - *Dan Lukaczer, ND*

##### **Introduction to Functional Medicine Laboratory**

**Options** - *Patrick Hanaway, MD*

##### **The Functional Medicine White Paper** - *David Jones, MD*

##### **Kick Off Live from AFMCP in Oregon** - *Kristi Hughes, ND*

#### "Kick Off" Monthly Webinars starting October 2010

**October 20th 2010** - "It All Begins in the Gut" (leaky gut/coeliac/food allergies) - Tom O'Bryan, DC

**November 17th 2010** - "Probiotics; A World Unto Itself" - Lee Aberle, ND

**December 8th 2010** - "Managing Small Intestine Bacterial Overgrowth, Dysbiosis & Candidiasis" - Lisa Perry, DC

**January 12th 2011** - "Infecto-Obesity & Metabolic Toxicity" - Joseph Lamb, MD

**February 2011** - "Pattern Recognition in Detox; The 5 Toxicity Types" - Kristi Hughes, ND

**March 6th 2011** - "The Toxin Load; How Exposures From the Environment is Changing Health Care Considerations" - Bob Roundtree, MD

**Further schedule details for April 2011 onwards will be made available nearer the time.**

##### **Other Webinar Presenters include:**

*David Jones, MD, Dan Lukaczer, ND, Patrick Hanaway, MD from Genova Diagnostics, Liz Lipski, CCN, PhD from Hawthorne University, Deanna Minich, PhD, CNS, Jack Kornberg MD, Lyra Heller, MA, Trish Paulson, ND, Thom Sult, MD and Mark Hyman, MD Private Practice- Integrating Functional Medicine, Editor-in-Chief, Alternative Therapies in Health and Medicine, Lenox, MA.*

Please visit [www.nutri.co.uk](http://www.nutri.co.uk) click on "Events" for the latest information.

# Who can apply and attend the Functional Medicine Educational Series?

## Application criteria to register for the Educational Series

### Who can apply?

Applicants must be a graduate of an accredited medical, osteopathic, chiropractic, naturopathic, homeopathic, dietetics, acupuncture, pharmacy, physiotherapy or nutritional therapy program in the UK or USA.

### How much will the whole program cost?

You receive access to all the aforementioned onsite seminars, online webinars and resources, for only **£1200** (excl. V.A.T.) for the 24 month webinar series.

### How can I pay for the program?

You can pay by credit or debit card (we will contact you for payment details once we have received your application form).

You can also take advantage of our payment plan over 3 months or select the full payment option and **receive a £100 discount.**

### 3 Month Payment Plan:

£600 (excl. VAT) non-refundable deposit followed by 3 further monthly payments of £200 (excl. VAT).

### How do I apply and what supporting documents do I need to send ?

Please fill in the booking form below and e-mail to [nutrition@nutri.co.uk](mailto:nutrition@nutri.co.uk). Please also remember to attach a copy of your degree or diploma. For more information please call the Nutrition Department at Nutri on 0800 212742 (option 3) or e-mail [nutrition@nutri.co.uk](mailto:nutrition@nutri.co.uk)

### Cancellation Policy

Any cancellations made prior to the first monthly webinar on October 20th will receive a full refund minus the £600 (plus VAT) non-refundable deposit. No refund will be available for cancellations made on or after the first monthly webinar on October 20th 2010.

PLEASE FILL IN YOUR CONTACT INFORMATION			
Name:			
Degree/Diploma:			
Street Address:			
County:		City:	
Home Phone:		Postcode:	
Work Phone:		Country:	
E-mail address:		Fax:	

**Please send the application form to:**

E-mail: [nutrition@nutri.co.uk](mailto:nutrition@nutri.co.uk)  
 Fax: 0800 371731

You can also visit: [www.nutri.co.uk](http://www.nutri.co.uk) and click on "Events"

**Or simply contact Katy or Gemma at Nutri**

Office: 0800 212742 (option 3)

Payment Option:	<input type="checkbox"/>	Payment plan (over 3 months)	<input type="checkbox"/>	Full payment (£100 discount)
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Signature:		Date:	
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Contact **Nutri** to sign up for the **UK's first web-based interactive Functional Medicine Education Series**

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 Fax: 0800 371731  
 mail: [nutrition@nutri.co.uk](mailto:nutrition@nutri.co.uk)

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