



Announcing Nutri's Annual Functional Medicine Seminar

## ILLUMINATING THE FUNCTIONAL MEDICINE WEB:

Recent Scientific Advances in Nutritional Medicine and Their Clinical Applications

**Detoxification | Gut Health | Insulin Dysfunction | Obesity and Inflammation**

6 CPD  
HOURS

18th September 2010 | 9am – 5pm | Park Plaza Riverbank Hotel, Central London  
£99 Early Bird if you book before the 20th August (£125 full price)

Recent advances in nutritional sciences are showing that many chronic conditions are woven together by common underlying mechanisms that build an interconnected web of disease and dysfunction. Nutri are delighted to announce that Deanna Minich will be coming to the UK to help you unravel this web and shed some light on the many solutions available to you.



### UNDERSTANDING THE INTERCONNECTIONS OF CHRONIC HEALTH ISSUES

Nutri's Annual Functional Medicine lecture is always popular with practitioners looking to learn new protocols for challenging cases. Join us at this insightful one day seminar on how to manage patients presenting with clinically complicated conditions and symptoms. You'll discover an interconnected web of underlying dysfunction to help you treat the causes of illness rather than the effects. You will learn clinically useful patient management information including:

- *Maintaining Balance in a Toxic Environment: Detoxification*
- *Establishing the Inner Terrain: Gut Health*
- *The Spectrum of Glucose Management: Insulin Dysfunction*
- *The Interconnected Web: Obesity & Inflammation*

### IF YOU SEE PATIENTS WITH THE FOLLOWING CONDITIONS THEN YOU WILL FIND THIS LECTURE HIGHLY USEFUL:

- ✓ *Obesity / Overweight*
- ✓ *Toxicity*
- ✓ *On medications*
- ✓ *Sluggish liver*
- ✓ *Fatty liver (NASH)*
- ✓ *Heavy metals*
- ✓ *Diabetic (Type II)*
- ✓ *Insulin resistance*
- ✓ *Hypoglycaemia*
- ✓ *Metabolic acidosis*
- ✓ *Irritable bowel syndrome*
- ✓ *IBD*
- ✓ *Digestive discomfort*
- ✓ *Coeliac disease or gluten intolerance*
- ✓ *Inflammatory conditions*
- ✓ *Metabolic syndrome*

### THE CUTTING EDGE OF FUNCTIONAL MEDICINE

Nutri's commitment to the growing field of functional medicine is well established and we have been bringing experts in functional and nutritional medicine to the UK for years to share their experiences and highlight the new directions that nutritional science can take your clinic. Managing Director Ken Eddie began the business almost 30 years ago with a passion for supporting the good work that health care practitioners do with the latest innovations in nutritional medicine. This, along with Ken's close association with world leader in Nutritional Biochemistry Dr Jeffrey Bland led to the development of what has become Nutri's Annual Functional Medicine Seminar.

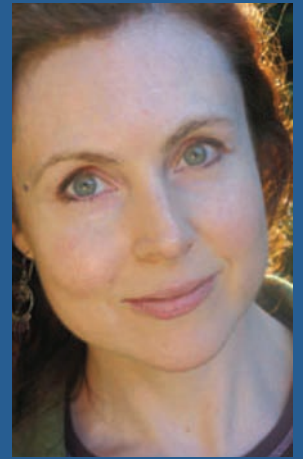
To book your place at this not to be missed event simply call our friendly seminar team on: **Freephone 0800 634 0276**

## INTRODUCING YOUR FUNCTIONAL MEDICINE EXPERT: DEANNA MINICH Ph.D., C.N

***“Deanna is a real shining star”***

Deanna is a real shining star in the scientific community and I can tell you that she is a great mind and a great example to all practitioners. She really walks the talk and she has a real talent for bringing new information to you in its most clinically relevant form. Deanna is working hard in clinical nutrition and nutritional biochemistry at a place where the tyre meets the road and she is a real expert, advocate, motivator, coach and mentor and I am delighted that you will have the opportunity to see her in action. In fact, I'm sorry I can't be there to see her speak, as she is a delight to watch.

– Dr Jeffrey Bland



### ABOUT YOUR SPEAKER:

**Deanna Minich, Ph.D., C.N.,** *Clinical Nutritionist and Vice President, Research and Development Communications.* Dr Minich has an academic background in nutritional science, including a Master's Degree in Human Nutrition and Dietetics from the University of Illinois in Chicago (1995), and a PhD in Medical Sciences and Nutrition from the University of Groningen in The Netherlands (1999). In addition to her academic degrees and extensive teaching experience at the university level, she is both a Fellow (FACN) and a Certified Nutrition Specialist (CNS) through the American College of Nutrition and completed her training as a functional medicine practitioner through the Institute for Functional Medicine. Currently she serves as a member of the Nutrition Advisory Board for the Institute for Functional Medicine. Since joining Metagenics in 2003, she has served as liaison between R&D and Marketing departments, identifying new ingredients and translating scientific information. Presently, she leads a diverse team responsible for technical writing, new ingredient development, product launches, and library resources in addition to her role as a teaching clinician in the Functional Medicine Research Centre. She is the author of *Essential Fatty Acid Absorption and Metabolism* (Ponsen and Looijen BV, The Netherlands, 1999), *Chakra Foods for Optimum Health* (Conari Press, 2009), *An A to Z Guide to Food Additives: Never Eat What You Can't Pronounce* (Conari Press, 2009), and *Quantum Supplements* (Conari Press, 2010). Her passion is in helping others about how to live well using therapeutic lifestyle changes.

### AT THIS LECTURE YOU WILL RECEIVE:

- *The most recent clinical advances in nutritional and functional medicine and how to apply that information in your practice*
- *Clinically useful patient management protocols you will be able to take to your practice the next day*
- *The opportunity to chat to Nutri's helpful staff about the topic*
- *The opportunity to sample and explore the Nutri range of products*
- *A chance to find out more about practice management systems at the Nutri display stands*
- *A full bound copy of the PowerPoint presentation complete with references*
- *Free samples and exclusive seminar discounts*
- *Morning tea, lunch and afternoon tea*

### THE WORD ON THE WEB...

To see Deanna in action as she introduces this year's functional medicine topic in her own words simply visit the seminar pages on our website [www.nutri.co.uk](http://www.nutri.co.uk) Deanna's passion and enthusiasm for the topic really shines through and it is a real taster of what is to come!

**Book your place today by calling our friendly seminar team on:  
Freephone 0800 634 0276**