

Product Information Sheet



Gastrointestinal Support

Psyllium & Apple Pectin

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Gastrointestinal Support Formula with Psyllium Husk and Natural Apple Fibres

Psyllium husk fibre and apple pectin have long been utilised for their bulking and cleansing properties, supporting a healthy gastrointestinal tract and normal bowel function.

Ingredients:

Each capsule typically contains:

Vitamin C (ascorbic acid)	31.9 mg
Magnesium (citrate)	15.95 mg
Psyllium Husks	361.25 mg
Activated Charcoal	123.25 mg
Lactobacillus acidophilus	21.25 mg
Berberine HCl	21.25 mg
Chlorophyll	10.6 mg
Apple Pectin	10.6 mg

Encapsulated with:

Gelatin
Water

Features:

Psyllium is a bulking agent and is high in both fibre and mucilage, which makes psyllium ideally suited for intestinal health. Psyllium seeds contain 10-30% mucilage.

Apple pectin supplies water-soluble fibre, an excellent food source for healthy bacteria.

Pectin has the ability to form a gel, which can bind toxins and assist their excretion.

Activated charcoal acts like a sponge, helping to support toxin removal from the large intestine.

Contains Lactobacillus to help maintain the normal balance of gut flora.

Recommendation: 6 capsules twice daily with at least 12 oz of water, or 4 capsules three times daily with at least 8 oz of water, or as directed.

Caution: Not recommended during pregnancy or whilst breastfeeding.

Product Code: 6966

Package Size: 100