

Product Information Sheet



Liver Support

Milk Thistle 200

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With Phyllanthus & Dandelion

Milk Thistle 200 is a unique formulation of Milk Thistle, Dandelion and the Ayurvedic herb Phyllanthus amarus, which have been used for many years in support of liver health.

Ingredients:

Each capsule typically contains:

Milk Thistle Extract (silybum marianum)	200 mg
Phyllanthus amarus	200 mg
Dandelion Root	200 mg

Encapsulated with:

Cellulose
Gelatin
Stearic acid

Features:

Milk thistle contains a flavonoid complex known as silymarin which helps to support liver function and acts as a powerful antioxidant.

Dandelion root contains bitter principles and supports digestion and bile production.

Phyllanthus amarus has been used in Ayurvedic medicine for over 2,000 years. Phyllanthus primarily contains lignans (e.g. phyllanthine and hypophyllanthine), alkaloids and flavonoids.

Recommendation: 1 capsule with each meal, or as directed.

Caution: Not recommended for individuals with obstructed bile duct or gall stones (Dandelion).
Not recommended during pregnancy or whilst breastfeeding.
If taking medication, seek the advice of a medical practitioner.

Product Code: 6865

Package Size: 90