

Product Information Sheet



Female Health

D.I.M

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Bioavailable Diindolylmethane

Diindolylmethane (D.I.M) is a phytonutrient extracted from cruciferous vegetables (broccoli family) that supports oestrogen balance and metabolic clearing.

Ingredients:

Each capsule typically contains:

Diindolylmethane (D.I.M) 30 mg

Other Ingredients:

Cellulose
Silicon dioxide
Rice Flour
Vitamin E
Phosphatidylcholine

Features:

Diindolylmethane (D.I.M) is a powerful phytochemical that supports oestrogen metabolism.

D.I.M contains added vitamin E and phosphatidylcholine for superior bioavailability.

Recommendation: Women: 1-2 capsules daily, or as directed.
Men: 2 capsules daily, or as directed.
Take with food.

Caution: Not recommended during pregnancy or whilst breastfeeding.
Harmless changes in urine colour may occur with the use of this product.
If taking medication, seek the advice of a medical practitioner.

Contains ingredients derived from: Soy

Product Code: 5716

Package Size: 30