

# Product Information Sheet



Bone Health

## Disc Complex

### Plant Enzymes with Chondroitin Sulphate

Disc Complex contains plant enzymes, chondroitin sulphate, mucopolysaccharides and nutritional synergists to help support the health of joints and discs.

#### Ingredients:

##### Each capsule typically contains:

Vitamin C (as Acerola, Fruit) (Malpighia punicifolia L.)	25 mg
Proprietary Enzyme Blend providing:	112.23 mg
Amylase	6,472 USP(3)
Protease	13,650 USP(1)
Cellulase	23.75 CU(2)
Lipase	27 LU (4)
Mucopolysaccharides	30 mg
Manganese (L-aspartate, glycinate)	5 mg
Chondroitin Sulphate	25 mg
Kelp Whole Plant (Laminaria digitata)	25 mg
Horsetail Aerial Parts (Equisetum arvense)	25 mg

(1) By United States Pharmacopeia (USP) XXIII method (2) By Food Chemicals Codex (FCC) IV method (3) By USP XXI method (4) By FCC III method

##### Encapsulated with:

Microcrystalline cellulose  
Natural polysaccharide capsule (UltraCaps™)

#### Features:

Taken between meals, digestive enzymes can be absorbed into the blood stream. Protease has been shown to break down protein debris.

Chondroitin sulphate and mucopolysaccharides are structural building blocks of connective tissue.

Horsetail is a good source of silica. Acerola is a potent source of vitamin C. Both silica and vitamin C are essential nutrients for connective tissue synthesis.

Kelp is a rich natural source of bioavailable iodine. Iodine is a critical component of thyroid hormone which regulates the body's metabolic rate and supports tissue repair.

**Recommendation:** 2-4 capsules between meals, three times daily, or as directed.

**Caution:** Not recommended during pregnancy. Not recommended for individuals with ulcers or gastritis (protease).

#### Contains ingredients derived from:

Crustaceans

**Product Code:** 5641

**Package Size:** 90