

# Product Information Sheet



Female Health

## MenoHop®

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### Phytoestrogen Support from Hops and Soy

This exciting upgraded formula contains hopein, from the hop plant, an active phytochemical belonging to a new class of phytoestrogens known as prenylflavonoids; together with isoflavones from soy, which are highly valued phytonutrients used to support hormone balance.

#### Ingredients:

##### Each capsule typically contains:

Hops Extract ( <i>Humulus lupulus L.</i> ) (standardised to 200µg of hopein or 8-prenylnaringenin)	200 mg
Soybean Extract	50 mg
Total isoflavones (containing genistein, daidzein, glycitein, genistin and daidzin)	20 mg

##### Encapsulated with:

Dicalcium phosphate  
Gelatin  
Magnesium Stearate  
Silicon dioxide  
Iron oxide  
Titanium dioxide

#### Features:

The hop plant is rich in hopein, an active phytochemical belonging to a new class of phyto-oestrogens known as prenylflavonoids.

The bioactive prenylflavonoids in MenoHop are, as active aglycones, not bound to sugars, and as a result can immediately be absorbed in the body.

MenoHop provides a full spectrum of isoflavones, from soybean extract.

Hopein and soy isoflavones may work in a complementary manner, supporting healthy hormone balance, blood lipid levels and bone density.

**Recommendation:** 1 capsule daily, or as directed.

**Caution:** Not recommended during pregnancy or whilst breastfeeding.

**Contains ingredients derived from:** Soy

**Product Code:** 5582

**Package Size:** 30