

Product Information Sheet



Female Health

Chasteberry Plus™

V Ve

Agnus-castus & Ashwagandha Support Formula for Women

Chasteberry Plus™ is a special formula designed to help women in their childbearing years and beyond.

Ingredients:

Each tablet typically contains:

Chasteberry Fruit 12:1 Extract (Vitex agnus-castus)	100 mg
Ashwagandha Root (Withania somnifera) [containing withanolides]	60 mg
Black Cohosh Root & Rhizome Extract (Actaea racemosa*)	40 mg

* Also known as Cimicifuga racemosa

Tableted with:

Microcrystalline cellulose
Stearic acid
Croscarmellose sodium
Silica
Polyethelene glycol
Carrageenan

Features:

Contains chasteberry, a herb that has been used traditionally to support the female hormone cycle and progesterone production.

Contains the Ayurvedic adaptogen Ashwagandha, which has a long history of use in supporting female health.

Provides a unique combination of herbs that can be used by women of all ages. The herbs have traditionally been used to support women's hormonal health, including a healthy menstrual cycle.

Recommendation: 1 tablet twice daily, or as directed.

Caution: Not recommended during pregnancy or whilst breastfeeding.

Product Code: 44091

Package Size: 60