

Product Information Sheet



Liver Support

Meta I3C™

V Ve

Stabilised Indole-3-Carbinol Supported with Standardised Rosemary Extract

Meta I3C™ supports healthy oestrogen metabolism and oestrogenic activity. It features indole-3-carbinol, a naturally occurring compound found in cruciferous vegetables such as broccoli, brussels sprouts and cabbage.

Ingredients:

Each capsule typically contains:

Indole-3-Carbinol	150 mg
Rosemary Leaf Extract (Rosemarinus officinalis) [standardised to 11% (5.5mg) carnosic acid derivatives]	50 mg

Encapsulated with:

Fibersol 2 (soluble fibre)
Hydroxypropyl methylcellulose (capsule)
Magnesium stearate
Silicon dioxide

Features:

Supports oestrogen-sensitive tissues.

May help to support women with oestrogen related health issues.

Supports overall oestrogen activity and metabolism.

Clinically significant levels of indole-3-carbinol, with additional support from rosemary and its derivatives, in just two small, easy to swallow capsules.

Stabilised through the proprietary MetaTec™ process for maximum quality and potency.

Recommendation: 1 capsule twice daily with food, or as directed.

Caution: If taking medication, seek the advice of a medical practitioner.

Contains ingredients derived from:

Soy

Product Code: 44085

Package Size: 60