

Product Information Sheet



Adrenal Support

Compose™

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Herbal Extracts to Support Balance & Harmony

Compose™ provides a classic Chinese formula traditionally used to help support balance and harmony.

Ingredients:

Each tablet typically contains:

4:1 proprietary herbal extract blend of:

1 g

- Rehmannia Root (*Rehmannia glutinosa*)
- Schisandra Fruit (*Schisandra chinensis*)
- Jujube Fruit (*Zyzyphus spinosa*)
- Dong Quai Root (*Angelica sinensis*)
- Chinese Asparagus Root (*Asparagus cochinchinensis*)
- Ophiopogon Root (*Ophiopogon japonicus*)
- Scrophularia Root (*Scrophularia ningpoensis*)
- Asian Ginseng Root (*Panax ginseng*)
- Chinese Salvia Root (*Salvia miltiorrhiza*)
- Poria Sclerotium (*Poria cocos*)
- Polygala Root (*Polygala tenuifolia*)
- Platycodon Root (*Platycodon grandiflorum*)

Tableted with:

- Cellulose
- Magnesium stearate (vegetable)
- Microcrystalline cellulose
- Silicon dioxide
- Sodium carboxymethylcellulose
- Stearic acid (vegetable)

Recommendation: 2 tablets two to three times daily, or as directed.

Caution: Safety has not been established in pregnancy or whilst breastfeeding.

Product Code: 44020

Package Size: 60