

Product Information Sheet



Liver Support

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Multivitamin/Mineral Formula for General Liver Support

Formulated by Xandria Williams, ND

Liver Support is a combination of vitamins, minerals, amino acids and accessory nutrients that work synergistically to support liver function. This formula can be used for prolonged periods for those people needing additional nutritional support for the liver.

Ingredients:

Each capsule typically contains:

Beta-Carotene	375 µg
Vitamin A (palmitate)	0.5 mg
Vitamin E (d-alpha tocopherol)	20 mg
Vitamin C (ascorbic acid)	50 mg
Vitamin B1 (thiamin)	2.5 mg
Vitamin B2 (riboflavin)	2.5 mg
Vitamin B3 (niacinamide)	5 mg
Vitamin B6 (pyridoxine HCl)	5 mg
Folic Acid	40 µg
Vitamin B12 (cyanocobalamin)	10 µg
Biotin	25 µg
Pantothenic acid (d-calcium pantothenate)	10 mg
Calcium (citrate)	25 mg
Iron (citrate)	0.5 mg
Magnesium (citrate)	25 mg
Zinc (picolinate)	2 mg
Manganese (citrate)	0.5 mg
Copper (citrate)	0.25 mg
Selenium (selenomethionine)	25 µg
Molybdenum (sodium molybdate)	10 µg
Chromium (picolinate)	10 µg
Glutamic Acid HCl	10 mg
NAC (N-acetyl-L-cysteine)	25 mg
NAG (N-acetyl-glucosamine)	15 mg
Milk Thistle (Silymarin)	20 mg
Dandelion Extract (4:1 equ 24mg)	6 mg
Red Beet Powder	5 mg
Proanthocyanidins	2.5 mg
Lecithin	100 mg
Quercetin	25 mg
Glutamic Acid	15 mg
L-Cysteine	15 mg
L-Glutamine	15 mg
L-Glycine	15 mg
L-Lysine	15 mg
L-Methionine	15 mg
Taurine	15 mg
L-Carnitine	5 mg
Co-Enzyme Q10 (ubiquinone)	2.5 mg

Encapsulated with:

Vegicaps® (vegetable cellulose, glycerine, silicon dioxide and water)
Vegicaps® is a registered trademark of G.S. Technologies, Inc. USA

Features:

Lecithin contains high levels of phosphatidyl choline, essential for cell membrane health and for supporting healthy fat transport and metabolism in the body.

Vitamins C and E, quercetin and N-Acetyl-Cysteine provide antioxidant protection.

Dandelion, beet root and milk thistle have a long history of use in supporting liver function.

Recommendation: 1-2 capsules daily with food, or as directed.

Caution:

Not recommended during pregnancy or whilst breastfeeding.

This product contains vitamin A. Do not exceed 750µg of vitamin A (as retinol) per day if pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.

Not recommended for individuals with obstructed bile ducts and/or gallstones. Persons with gastritis or ulcers should use this product with caution (Dandelion).

Consult a medical doctor if on diuretic medication.

Do not take within 2 hours of fluroquinolone antibiotics.

Contains ingredients derived from:

Soy

Product Code: 3800

Package Size: 60