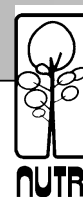


Product Information Sheet



Female Health

EstroBalance™

Nutritional Support for the Female Hormone Cycle

EstroBalance™ is a mango flavour low allergy-potential powdered mix that provides a combination of macro- and micronutrients specially selected for their ability to support optimal hormone balance. It features fortified rice protein, natural phytoestrogens, antioxidants and fibre, along with all essential vitamins and minerals and a variety of well-researched ingredients that support healthy oestrogen metabolism and healthy

Ingredients:

Each 3-scoop serving typically provides:

Calories	160 kcals
Protein	15 g
Total Carbohydrate	23 g
Simple	8.6 g
Complex	14.4 g
Dietary fibre	4.2 g
Fat	3 g
Potassium (as phosphate)	350 mg
Sodium	50 mg
Vitamin A (as beta-carotene) (2500IU)	750 µg
Vitamin A (as retinyl palmitate) (1250IU)	375 µg
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol) (200IU)	5 µg
Vitamin E (as d-alpha tocopheryl succinate) (45IU)	30 mg
Vitamin K	40 µg
Vitamin B1 (as thiamin HCl)	0.75 mg
Vitamin B2 (as riboflavin)	0.85 mg
Vitamin B3 (as niacinamide)	10 mg
Vitamin B6 (as pyridoxine HCl)	6 mg
Vitamin B12 (as cyanocobalamin)	3 µg
Biotin	150 µg
Folic acid	400 µg
Pantothenic acid (as d-calcium pantothenate)	5 mg
Phosphorous	260 mg
Iron (as amino acid chelate)	9 mg
Calcium (as citrate)	350 mg
Iodine (as sodium iodide)	75 µg
Magnesium (as citrate and glycinate**)	240 mg
Zinc (as citrate)	7.5 mg
Selenium (as selenomethionine)	35 µg
Copper (as citrate)	1 mg
Manganese	1 mg
Chromium (as polynicotinate)	100 µg
Molybdenum (as sodium molybdate)	37.5 µg
L-Lysine	17.5 mg
L-Threonine	17.5 mg
Isoflavones (from kudzu)	25 mg
Flaxseed Meal	1 g
Choline (bitartrate)	250 mg
Trimethylglycine (as betaine HCl)	200 mg

N-Acetyl-Cysteine	100 mg
Turmeric Rhizome Extract (Curcuma longa) [standardised to 95% (200mg) curcuminoids]	210 mg

** As MetaMag™, Metagenics' fully reacted magnesium amino acid chelate, US Patent Nos 4,830,716 and hormone cycles. 4,599,152 Albion®.

Other ingredients:

- Carrageenan
- Cellulose gum
- Pure crystalline fructose
- Natural flavours
- Natural mango flavour
- Olive oil
- Rice protein concentrate
- Rice syrup solids
- Xanthan

Features:

Nutritionally supports oestrogen metabolism, with added effectiveness when combined with a specially designed dietary programme as outlined in the Estrobalance Patient Guide (available on Nutri website).

Comes with a Quick Start Guide.

Features high quality rice protein concentrate produced via a patented process and fortified with amino acids, resulting in a complete, high quality and easily digestible vegetable protein.

Provides non-soy phytoestrogens from kudzu and flax, which modify the effects of circulating oestrogens.

Can be enjoyed as a meal replacement and mixes easily with water or juice.

Recommendation:

Blend, shake or briskly stir 3 measuring scoops (approx 45grams) into 8-12 ounces of water or juice.

Serving Size: 3 scoops (45g)

Servings Per Container: 14

Caution:

Not recommended during pregnancy or whilst breastfeeding.

This product contains vitamin A. Do not exceed 750µg of vitamin A (as retinol) per day if pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.

NB: This product has not been tested for interactions with oral contraceptive medications, the effectiveness of which cannot be assured during use of EstroBalance.

Product Code: 3551

Package Size: 14 servings (630g)