

Product Information Sheet



Speciality Products

UltraMeal™ WHEY

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Whey-Based Nutritional Support for Body Composition

UltraMeal™ WHEY is a delicious, nutritionally fortified, powdered meal replacement designed as an alternative to soy protein-based UltraMeal™ for those who want to support healthy body composition. Whey protein has the highest biological value of any naturally occurring protein with a complete amino acid profile, making it an excellent protein source for protein repletion diets.

Ingredients:

Each 2.5 scoop serving typically provides:

Calories	150 kcols
Protein	15 g
Total Carbohydrate	24 g
Simple	15 g
Complex	9 g
Fibre	4 g
Fat	1 g
Sodium (chloride)	170 mg
Potassium (chloride)	510 mg
Vitamin A (beta carotene) (1750IU)	525 µg
Vitamin B1 (as thiamin mononitrate)	1.4 mg
Vitamin B2 (as riboflavin)	1.6 mg
Vitamin B3 (as niacinamide)	18 mg
Vitamin B5 (as d-calcium pantothenate)	6 mg
Vitamin B6 (as pyridoxine HCl)	2 mg
Vitamin B12 (as cyanocobalamin)	1 µg
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (cholecalciferol) (150IU)	3.75 µg
Vitamin E (as d-alpha tocopheryl acetate) (14.9IU)	10 mg
Vitamin K (as phytomenadione)	40 µg
Biotin	150 µg
Folic acid	200 µg
Calcium (phosphate)	800 mg
Chromium (sulphate)	75 µg
Phosphorous	638 mg
Iron (gluconate)	7 mg
Iodine (potassium iodide)	75 µg
Copper (gluconate)	1 mg
Magnesium (oxide)	150 mg
Manganese (sulphate)	2.5 mg
Molybdenum (as sodium molybdate)	75 µg
Selenium (as selenomethionine)	35 µg
Zinc (gluconate)	7.5 mg

Other ingredients:

Pure crystalline fructose
Isolated whey proteins
Hydrolysed whey proteins
Rice syrup
Maltodextrin
Corn bran

Natural flavours
Olive oil
Xanthan
Carrageenan
Cellulose gum

Features:

Provides 15 grams of purity-certified whey protein from a proprietary blend of whey protein isolate and predigested hydrolysate.

Suitable for lactose-intolerant individuals.

Provides a convenient and satisfying meal option of only 150 calories.

May help to support a healthy immune system and boost antioxidant levels.

Supplies a full complement of vitamins and minerals, including high potency B vitamins and calcium, for optimal foundation nutrition.

Comprehensive Patient Guide for complete programme guidelines available on Nutri website.

Comes with a Quick Start Guide.

Available in delicious Vanilla (3512) and Chocolate (3513) flavours.

Recommendation: Blend, shake or briskly stir 2.5 scoops (47g) into eight ounces of chilled water.

Serving Size: 2.5 scoops (47g)

Caution: Not recommended during pregnancy or whilst breastfeeding.
Not recommended for children under 12 years of age unless directed by a health care professional.

Contains ingredients derived from:

Soy
Milk
Sulphites

Product Code: 3512

Package Size: 14 servings (658g)