

Product Information Sheet



Speciality Products

UltraMeal™ WHEY

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Low GI Metabolic Food (Whey)

UltraMeal™ WHEY is a delicious, nutritionally fortified, powdered meal replacement designed as an alternative to soy protein-based UltraMeal™ for those who want to support healthy body composition. Whey protein has the highest biological value of any naturally occurring protein with a complete amino acid profile, making it an excellent protein source for protein repletion diets.

Ingredients:

Each 3 scoop serving typically provides:

Calories	150 kcals
Protein	15 g
Total Carbohydrate	21 g
Simple	15.9 g
Fibre	1.99 g
Inulin	1928 mg
Fat	1 g
Sodium (chloride)	163 mg
Potassium (citrate)	488 mg
Vitamin A (retinyl palmitate) (1598IU)	480 µg
Vitamin B1 (thiamin mononitrate)	1.1 mg
Vitamin B2 (riboflavin)	1.4 mg
Vitamin B3 (niacinamide)	16 mg
Vitamin B5 (d-calcium pantothenate)	6 mg
Vitamin B6 (pyridoxine HCl)	2.8 mg
Vitamin B12 (cyanocobalamin)	2.5 µg
Vitamin C (ascorbic acid)	160 mg
Vitamin D (cholecalciferol) (100IU)	2.5 µg
Vitamin E (d-alpha tocopheryl acetate) (45IU)	30 mg
Biotin	150 µg
Folic acid	400 µg
Calcium (phosphate)	250 mg
Chromium (picolinate)	80 µg
Phosphorous	343 mg
Iodine (potassium iodide)	75 µg
Copper (gluconate)	1000 µg
Magnesium (citrate, oxide)	187.5 mg
Molybdenum (sodium molybdate)	50 µg
Selenium (selenomethionine)	55 µg
Zinc (citrate)	10 mg

Other ingredients:

Carrageenan
Cellulose gum
Corn bran
Hydrolysed whey proteins
Isolated whey proteins
Natural vanilla flavour
Olive oil
Pure crystalline fructose
Rice syrup
Xanthan
Concentrated whey proteins

Features:

Provides 15 grams of whey protein from a blend of whey protein isolate, whey protein concentrate and predigested hydrolysate.

Suitable for lactose-intolerant individuals.

Provides a convenient and satisfying meal option of only 150 calories.

May help to support a healthy immune system and boost antioxidant levels.

Supplies a full complement of vitamins and minerals, including high potency B vitamins and calcium, for optimal foundation nutrition.

Comprehensive Patient Guide for complete programme guidelines available on Nutri website.

Comes with a Quick Start Guide.

Available in delicious vanilla flavour.

Recommendation: Blend, shake or briskly stir 3 scoops (45g) into eight ounces of chilled water.
Serving Size: 3 scoops (45g)
Servings Per Container: 14

Caution: Not recommended during pregnancy or whilst breastfeeding.
Not recommended for children under 12 years of age unless directed by a health care professional.

Contains ingredients derived from: Milk

Product Code: 3512 **Package Size:** 14 servings (630g)