

Product Information Sheet



Speciality Products

UltraMeal™

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Nutritional Support for Body Composition

UltraMeal™ is a delicious, natural, powdered mix designed as nutritional support for individuals who want to improve body composition. While low in calories, UltraMeal™ is high in protein, vitamins and minerals, which are often deficient in many weight-loss diets. When used as part of the UltraMeal™ weight management programme, UltraMeal™ has been shown to reduce body fat while maintaining lean muscle mass. It can help slimming or weight control only as part of a calorie controlled diet.

Ingredients:

Each 2 scoop serving typically provides:

Calories	150 kcals
Protein	15 g
Total Carbohydrate	24 g
Simple	14 g
Complex	9 g
Dietary fibre	4 g
Inulin	2.2 g
Fat	1 g
Sodium	180 mg
Potassium (chloride)	510 mg
Soy Isoflavones	17 mg
Vitamin A (as retinyl palmitate) (1750IU)	525 µg
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol) (200IU)	5 µg
Vitamin E (as d-alpha tocopheryl acetate) (11IU)	7.4 mg
Vitamin B1 (as thiamin HCl)	750 µg
Vitamin B2 (as riboflavin)	850 µg
Vitamin B3 (as niacinamide)	10 mg
Vitamin B6 (as pyridoxine HCl)	6 mg
Vitamin B12 (as cyanocobalamin)	3 µg
Pantothenic acid (as d-calcium pantothenate)	5 mg
Folic acid	400 µg
Biotin	150 µg
Vitamin K (phytomenadione)	40 µg
Calcium (as calcium phosphate)	600 mg
Iron (as fumarate)	3 mg
Phosphorous	460 mg
Magnesium (as citrate)	180 mg
Iodine (as sodium iodide)	75 µg
Zinc (as citrate)	9 mg
Copper (as gluconate)	1 mg
Manganese (as gluconate)	1 mg
Molybdenum (as sodium molybdate)	75 µg
Chromium (as polynicotinate)	100 µg
Selenium (as selenomethionine)	35 µg

Other ingredients:

Carrageenan
Cellulose gum
Corn bran
Pure crystalline fructose

Lecithin
Maltodextrin
Natural flavours
Olive oil
Soy fibre
Soya protein isolate (PharmaSoy®)
Xanthan

Features:

A high protein/low-glycaemic-index meal that ensures sound nutrition in the form of a convenient and delicious shake (glycemic index of 31 when referenced against glucose).

Delivers 17mg of isoflavones per serving to nutritionally support oestrogen balance.

Provides a heart-healthy source of optimal, foundation nutrition with all essential vitamins and minerals.

A dairy-free source of calcium to support bone health.

Features PharmaSoy® - a technologically advanced nutritional blend of superior non-GM soy protein, isoflavones, and dairy-free calcium.

Comprehensive Patient Guide for complete programme guidelines available on Nutri website.

Comes with a Quick Start Guide.

Available in delicious, dairy-free natural Vanilla (3505), Chocolate (3540), Mocha (3510), Country Peach (3535) and Berry (3506) flavours.

Recommendation: Blend, shake or briskly stir two level scoops into 8 ounces of water or juice.

Serving Size: 2 scoops (45g)

Servings Per Container: 14

Caution: Not recommended during pregnancy or whilst breastfeeding.
This product contains vitamin A. Do not exceed 750µg of vitamin A (as retinol) per day if pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.
Not recommended for children under 12 years of age unless directed by a health care professional.

Contains ingredients derived from:

Soy
Nuts (mocha flavour)
Peanuts (mocha flavour)

Product Code: 3505

Package Size: 14 servings (630g)