

Product Information Sheet



Female Health

Black Cohosh Formula

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With Dong Quai & Rehmannia

A comprehensive combination of quality herbs in a balanced formula to support female hormonal health.

Ingredients:

Each capsule typically contains:

Dong Quai Extract 7:1 (Angelica sinensis root)	150 mg
Rehmannia Extract 6:1	100 mg
Wild Yam Extract 10:1 (Dioscorea villosa)	100 mg
Sage Leaf Extract 4:1 (Salvia officinalis)	100 mg
Chasteberry Extract (Vitex agnus castus 0.5% Agnuside)	50 mg
Black Cohosh 2.5% (Standardised to 27-deoxyaceticin)	40 mg
Ginkgo Biloba Extract 50:1	40 mg
Liquorice Root Extract (16% Glycyrrhiza)	25 mg

Encapsulated with:

Vegetable cellulose capsule
Silica
Ascorbyl palmitate

Features:

Black cohosh contains triterpene glycosides (a type of saponin), known for their health benefits.

Dong Quai has traditionally been used to support female hormonal health.

Ginkgo biloba supports peripheral blood circulation (ginkgolides) and contains potent antioxidants (ginkgo flavone glycosides).

Recommendation: 1-2 capsules three times daily between meals, or as directed.

Caution: Not recommended during pregnancy or whilst breastfeeding.
Consult with a medical doctor if on anticoagulant medication (Dong Quai and Ginkgo biloba), digoxin or diuretics (Liquorice).

Product Code: 3385

Package Size: 60