

Product Information Sheet



Thyroid Support

Thyro Complex

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Thyroid Support Formula with Nutrients and Herbs

Formulated by well-known naturopath Martin Budd, ND, this synergistic blend of nutrients and herbs helps to support the health of the thyroid gland.

Ingredients:

Each tablet typically contains:

Magnesium (citrate)	25 mg
Vitamin C (ascorbic acid)	250 mg
L-Tyrosine	250 mg
Calcium (citrate)	40 mg
Vitamin E (d-alpha tocopheryl succinate) (100 IU)	67 mg
L-Carnitine	125 mg
DL-Phenylalanine	125 mg
Iodine (Kelp)	75 µg
Zinc (picolinate)	4 mg
Vitamin B6 (pyridoxine HCl)	12.5 mg
Manganese (bisglycinate)	1.5 mg
Selenium (selenomethionine)	25 µg
Vitamin B3 (niacin)	12.5 mg
Liquorice Root	10 mg
Vitamin B1 (thiamin HCl)	5 mg
Vitamin B2 (riboflavin)	5 mg
Copper (bisglycinate)	0.5 mg
Vitamin A (palmitate) (2500IU)	750 µg
Folic Acid	75 µg

Tableted with:

Calcium stearate
Ethyl cellulose
Silicon dioxide
Stearic acid

Features:

Tyrosine is an essential component for the synthesis of thyroid hormones and neurotransmitters.

Kelp is a concentrated source of bio-available iodine, which is an essential component of the thyroid hormones.

B vitamins and copper are essential co-factors in the metabolism of tyrosine.

Liquorice root and B vitamins support adrenal function which in turn supports thyroid function.

Recommendation: 1-3 tablets daily before food, or as directed.

Caution: This product contains vitamin A. Do not exceed 750µg of vitamin A (as retinol) per day if pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.
Do not take if suffering from phenylketonuria (PKU) (phenylalanine).
Do not take if suffering from Wilson's disease (copper). Consult with a medical doctor if taking thiazide diuretics (liquorice).

Product Code: 3320
Product Code: 3320-A

Package Size: 60
Package Size: 120