

Product Information Sheet



Fatty Acids

Eskimo® Skin Care

Pure & Stable Fish Oil with Extra GLA to Support Skin Health

Eskimo Skin Care contains omega 3, 6 and 9, together with vitamins D and E. It also contains gamma linolenic acid (GLA) to provide support for the health of the skin.

Ingredients:

4 capsules typically contain:

Omega-3 fatty acids	1160 mg
EPA (eicosapentaenoic acid)	500 mg
DHA (docosahexaenoic acid)	340 mg
ALA (alpha-linolenic acid)	64 mg
Omega-6 fatty acids (from evening primrose oil)	840 mg
LA (linoleic acid)	700 mg
GLA (gamma linolenic acid)	96 mg
Omega-9 fatty acids (oleic acid)	640 mg
Vitamin D (cholecalciferol) (176 IU)	4.4 µg
Vitamin E (14 IU)	8 mg

Other ingredients:

Ascorbyl palmitate
Lecithin
Natural lime flavour
Rosemary oil

Features:

Eskimo Skin Care contains Eskimo-3 fish oil. Derived from oily deep sea water fish, Eskimo-3 is one the best researched and documented omega-3 supplements in existence.

Contains the important omega-3 fatty acids EPA and DHA in their natural ratio, 3:2.

Eskimo Skin Care contains gamma linolenic acid (GLA) from evening primrose oil, which helps to support the health of the skin.

The combination of omega 3, 6 and 9 together with vitamin D and E in optimal dosages means that Eskimo Skin Care is perfect for people wanting to provide their skin with extra nutrients and essential fatty acids.

Eskimo Skin Care contains a patented antioxidant mixture, Pufanox®, which is essential for maintaining the stability of the oil, and for preventing rancidity. Eskimo Skin Care has no fish odour or aftertaste due to its incredible stability. Fish oils that smell and have an aftertaste have usually oxidised.

Recommendation: Take 1-4 capsules twice daily with meals, or as directed.

Caution: Not recommended for epileptics or haemophiliacs.
Consult a medical doctor if on anti-coagulant medication.

Contains ingredients derived from: Soy (oil)
Fish (oil)

Product Code: 3307

Package Size: 120