

Product Information Sheet



Fatty Acids

Eskimo-3 Liquid **Pure & Stable Omega-3 Fish Oil**

Eskimo-3 is a unique stable fish oil supplement containing a healthy balance of the omega-3 fatty acids, EPA and DHA. Omega-3 fatty acids have been well studied for their role in the support of many systems in the body, including heart, joint, cognitive and skin health.

Ingredients:

One 5ml teaspoon typically contains:

Omega-3 fatty acids	1,500 mg
Providing:	
EPA (eicosapentaenoic acid)	750 mg
DHA (docosahexaenoic acid)	500 mg
Vitamin E (mixed tocopherols)	14 mg

Other ingredients:

Ascorbyl palmitate
Lecithin
Lime oil

Features:

Eskimo-3 is made from sustainable sources of oily fish living in the deep seas.

Eskimo-3 contains the important omega-3 fatty acids EPA and DHA in an optimal concentration, enriched with a patented antioxidant mixture, Pufanox®, which increases the oil's stability (freshness).

The oil in Eskimo-3 has been purified to reduce environmental toxins such as mercury and pesticides, PCBs and DDT, to well below the current acceptable levels. This has been confirmed in independent studies.

Eskimo-3 has not been chemically modified.

Eskimo-3 has no fish odour or aftertaste due to its stability. Fish oils that smell and have an aftertaste have usually oxidised.

Pleasant lemon flavour.

Recommendation:

1 teaspoon (5ml) daily with food, or as directed.
After opening store in refrigerator and use within 2 months.

Caution:

Not recommended for haemophiliacs. Consult with a medical doctor if on anti-coagulant medication.

Contains ingredients derived from:

Soy (oil)
Fish (oil)

Product Code: 3302

Package Size: 105ml

Product Code: 3308

Package Size: 210ml