

Product Information Sheet



Fatty Acids

Eskimo-3 **Stable Fish Oil**

Eskimo-3 is a unique stable fish oil supplement containing a healthy balance of the omega-3 fatty acids, EPA and DHA. Omega-3 fatty acids have been well studied for their role in the support of many systems in the body, including heart, musculo-skeletal, cognitive and skin health.

Ingredients:

Each 3 capsules typically contain:

Omega-3 Fatty Acids*	500 mg
Providing:	
EPA (eicosapentaenoic acid)	240 mg
DHA (docosahexaenoic acid)	160 mg
Natural Vitamin E (mixed tocopherols)	4.5 mg

*PLEASE NOTE THESE VALUES ARE BASED ON PER 3 CAPSULES

Encapsulated with:

Ascorbic acid
Gelatin
Glycerin
Lecithin
Lemon oil (flavour)

Features:

Eskimo-3 is made from oily fish living in the deep seas of the Antarctic and South Atlantic.

Eskimo-3 contains the important omega-3 fatty acids EPA and DHA in an optimal concentration, enriched with antioxidants, which increases the oil's stability.

The oil in Eskimo-3 has been purified to reduce environmental toxins such as mercury and pesticides, PCBs and DDT, to well below the current acceptable levels. This has been confirmed in independent studies.

Eskimo-3 has not been chemically modified.

Eskimo-3 has no fish odour or aftertaste due to its incredible stability. Fish oils that smell and have an aftertaste have usually oxidised.

Recommendation: 3 capsules one to three times daily with meals, or as directed.

Caution: Not recommended for haemophiliacs. Consult with a medical doctor if on anti-coagulant medication.

Contains ingredients derived from:

Soy (oil)
Fish (oil)

Product Code: 3301

Package Size: 105 caps

Product Code: 3304

Package Size: 250 caps