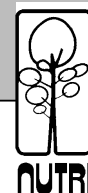


Product Information Sheet



Joint and Muscle Support

MSM (Methyl Sulphonyl Methane)

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Organic Sulphur

MSM, or methyl sulphonyl methane, is a naturally occurring organic form of sulphur, which is readily absorbed and incorporated into the body's proteins. Connective tissue proteins, like those found in joints, have remarkably high levels of sulphur-containing amino acids. The sulphide-to-sulphide bonds in these proteins account for the strength of connective tissue.

Ingredients:

Each capsule typically contains:

Methyl Sulphonyl Methane 500 mg

Encapsulated with:

Ascorbyl palmitate

Microcrystalline cellulose

Vegicaps® (microcrystalline cellulose, glycerin, silicon dioxide & water)

Features:

Sulphur-containing amino acids are major components of joint proteins where they support the formation of cartilage, tendons and ligaments.

MSM, being an organic sulphur, does not taste or smell unpleasant and does not form intestinal gas or body odour, which may occur with inorganic forms of sulphur.

Recommendation: 2 capsules 1-3 times daily with food or as directed. Best taken in conjunction with vitamin C and bioflavonoid complex, for maximum absorption.

Caution: None known if directions are followed.

Product Code: 3260

Package Size: 90

Product Code: 3261

Package Size: 180