

Product Information Sheet



Joint and Muscle Support

Ultra Muscleze

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High-Strength Powdered Magnesium & Malic Acid Formula

Ultra Muscleze is a high strength magnesium beverage, which incorporates malic acid, L-carnitine, glutamine and taurine to optimise mitochondrial energy metabolism and to regulate muscle and nerve function. Ultra Muscleze is a pleasant tasting, easily digested and absorbed powder formula, which gives the consumer a flexible window of dosage for when higher or lower quantities are required.

Ingredients:

Each 5g serving typically contains:

Magnesium (as chelazome®* magnesium bisglycinate)	244 mg
Malic acid	840 mg
Taurine	500 mg
Glutamine	500 mg
Inulin	300 mg
Potassium (citrate)	57 mg
Natural orange flavour	140 mg
Vitamin E (as d-alpha tocopheryl acetate)	84 mg
Magnesium (oxide)	36 mg
Calcium (phosphate)	17 mg
Vitamin B6 (pyridoxine HCl)	50 mg
L-Carnitine	50 mg
Vitamin B1 (thiamin)	25 mg
Vitamin B3 (nicotinic acid)	20 mg
Selenium	25 µg
Folic acid	150 µg
Molybdenum (as sodium molybdate)	60 µg
Vitamin B12 (cyanocobalamin)	20 µg

*Patented magnesium bisglycinate Albion®

Other ingredients:

Maltodextrin (10mg)

Features:

Magnesium is essential for maintaining the health of the cardiovascular system and for the proper function of nerves and muscles.

Magnesium is also important for calcium absorption and retention and is required for the release of energy.

Malic acid plays a very important role in energy production within the mitochondria in both aerobic and anaerobic conditions.

Selenium plays a valuable role as an antioxidant and serves as a mineral co-factor in the free radical scavenging enzyme, glutathione peroxidase.

Symbiotic nutrients such as molybdenum, L-carnitine, taurine, B6, B12 and folic acid are included to improve cellular uptake of magnesium.

Recommendation: Add 1 level teaspoon (approx. 5g) to 100-200ml water or juice and stir or shake.
Alternatively add one serving (5g) to any food to increase magnesium content.

Caution: None known if directions are followed.

Contains ingredients derived from: Soy

Product Code: 3365

Package Size: 150g (30 servings)