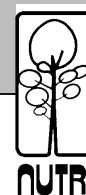


Product Information Sheet



Bone Health

Ostera™

Hops Formula with Vitamins D & K for Healthy Bone Support in Postmenopausal Women

Ostera™ is designed to support bone health in women beyond their childbearing years, combining botanical extracts with vitamins D & K.

Ingredients:

One Tablet Typically Contains:

Vitamin D	12.5 µg
Vitamin K	500 µg
<i>Phellodendron amurense</i> Extract (containing Berberine HCl 90mg)	90 mg
Hops Extract (<i>Humulus Lupulus L.</i>) Reduced Iso-Alpha Acids Complex	370 mg

Other Ingredients:

Microcrystalline cellulose
Stearic Acid
Sodium carboxymethylcellulose
Calcium silicate
Silicon dioxide
Magnesium stearate
Coating (deionised water, microcrystalline cellulose, polyethylene glycol and carrageenan)

Features:

Ostera is an exciting and innovative complex which helps to support bone health in post menopausal women.

Ideal for healthy women who have experienced natural menopause (>50 years), women who have experienced premature menopause (<45 years), or women of any age with low oestrogen levels.

Features botanical extracts of hops and berberine to support healthy bone turnover and bone formation.

Works well in combination with bone mineral formulas such as the Cal Apatite range.

Also contains vitamins D and K for healthy bone mineralization.

Developed through Metagenics' innovative ExpressSyn Process, which combines cell proteomic research, safety evaluations, human ex vivo research and human clinical research for maximum safety and effectiveness.

Recommendation: Take one tablet twice daily, or as recommended by your healthcare practitioner.

Caution: Do not take if pregnant or breastfeeding, or taking cyclosporine or anticoagulant medications.

Product Code: 6177

Package Size: 60